

Town of North Branford
Office of Social Service
1332 Middletown Avenue
Northford Ct. 06472
203-484-6006

Little Classes 2019

Little Classes are one hour classes offered by the Office of Social Service on information that is of interest to the community. The following two classes are available, all classes are from 10:30 to 11:30 and will take place at the STW Community Center, 1332 Middletown Avenue., Northford, Ct. Please contact Luisa Breen at 203-484-6006 to reserve a seat. For transportation needs please contact the Senior Center, 203-484-6017

Tuesday, July 16, 2019: Speaker Barbara Naclerio, MPH, CHES, Public Health Educator with the East Shore District Health Department will provide information on Mosquito and Ticks. We will learn the risks in CT, how you get the virus, how to prevent and receive treatment for West Nile Virus, Zika Virus, Chikungunya Virus and Lyme disease. Symptoms, treatment, protecting yourself and your home. Disease carried by ticks and mosquitos has TRIPLED in the last 15 years.

Tuesday, August 6, 2019 : Speaker Rita Foster, RN, MSN, Public Health Nurse Supervisor for the East Shore Health District Department will present information on shingles, an overview, signs and symptoms, transmission, complications, prevention and treatment. Administration of the Shingles Vaccine for those in attendance will be available at a later date. To be eligible for the shingles vaccine you MUST have and bring your Medicare card and all health insurance cards. The number of vaccines provided to the East Shore Health District is limited, we will do our best to acquire as many as we can