

RESOURCES FOR RESIDENTS DURING COVID-19

General:

- Yale New Haven COVID-19 Hotline: 833-ASK-YNHH (833-275-9644)
- 2-1-1 CT
- www.cdc.gov
- <http://www.esdhd.org/Resources>
- <https://womenandfamilylife.org/commuity-resources>

Health:

Drive thru Testing sites:

- <https://portal.ct.gov/-/media/Coronavirus/COVID-19-FAQs.pdf?la=en>
- <http://www.esdhd.org/node/338>

Please do not go to any medical facility unannounced for the safety of all patients and medical professionals.

Health Information lines:

If you are displaying symptoms consistent with those of COVID-19, and are unable to get into contact with your primary care physician, please reach out to one of the following hotlines:

- Hartford Healthcare Hotline: (860) 972-8100
- Yale New Haven Health: (833) 484-1200
- Bristol Hospital Coronavirus Info Line: (860) 261-6855
- Stamford Health: (203) 276-4111

Drive-thru testing sites are present on hospital grounds at the following locations (a doctor's order is required)

- Bridgeport Hospital
- Bristol Hospital
- Charlotte Hungerford Hospital (Torrington)
- Danbury Hospital
- Greenwich Hospital
- Hartford Hospital
- Johnson Memorial Hospital (Stafford Springs)
- Lawrence Memorial Hospital (New London)
- Manchester Memorial Hospital
- Mid-State Medical Center (Meriden)
- Stamford Hospital
- Saint Francis Hospital (Hartford)
- Saint Mary's Hospital (Waterbury)
- Saint Vincent Hospital (Bridgeport)

- Waterbury Hospital
- Yale-New Haven Hospital

COVID-19 Pregnancy and Breast-feeding:

<https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/pregnancy-breastfeeding.html>

Food:

- <https://uwc.211ct.org/categorysearch/food/>
- <https://www.foodpantries.org/st/connecticut>
- Applications for Food Stamps (SNAP) are available at www.connect.ct.gov/access/uso/access/Home.jsp or by calling 2-1-1
- <http://www.ctfoodbank.org/get-help/connecticut-food-banks-mobile-pantry-schedule/>
- East Haven Food Pantry - Curbside pickup only. For East Haven residents. Hours of operation are Tues/Thurs 9-11 and Sat 10-12. Located at 39 Park Pl (Christ in the Epiphany Church on across from the EH Green).
- <https://www.branford-ct.gov/departments/senior-center>
- CT National School Lunch Program free meals for children during school closures
<https://portal.ct.gov/SDE/Nutrition/National-School-Lunch-Program>
- Extra SNAP Benefits in April
<https://portal.ct.gov/dss/SNAP/Supplemental-Nutrition-Assistance-Program---SNAP>

Shelter:

- <http://211.org/services/covid19#Resources>
- <https://www.homelessshelterdirectory.org/cgi-bin/id/city.cgi?city=New%20Haven&state=CT>
- CT Fair House Center <https://www.ctfairhousing.org>

Financial:

- United Way Community Relief Fund 866-211-9966
- Providing assistance for rent, bills, utilities, emergency child care and food
- Apply for unemployment benefits (expanded)
- <http://www.ctdol.state.ct.us/UI-OnLine/index.htm>
- **Unemployment Insurance Provisions in the Coronavirus Aid, Relief, and Economic Security (CARES) Act - National Employment Law Project:**

<https://www.nelp.org/publication/unemployment-insurance-provisions-coronavirus-aid-relief-economic-security-cares-act/>
- **COVID-19 Cash Assistance Application**
An individual must live or work in Guilford/Branford and demonstrate need due to the impact of COVID-19. Examples include but are not limited to: an individual tested positive and can't work, loss of work or reduced work hours, loss of childcare, need to care for a loved one, etc. <https://womenandfamilylife.org/response-fund-application>

Insurance:

<https://www.connect.ct.gov/access/accessLogout?fwlat=1382490866023>

Health Insurance for the uninsured

New Special Enrollment Period

Who's Eligible: ONLY qualified individuals who are Uninsured, lawfully present and not incarcerated.

When can I enroll: From March 19, 2020 through April 17, 2020.

How can I enroll: PHONE ONLY: 1-855-365-2428 (TTY: 1-855-789-2428)

8AM – 5PM | Monday – Friday

Mental Health:

- <https://mailchi.mp/afsp/2019-end-of-year-2268104?e=dad6ce242b>
- EAP: HealthcareEAP.com or call 800-252-4555 or 800-225-2527
- www.centerfordiscovery.com
- Relaxation Videos in English and Spanish
- https://www.youtube.com/watch?v=SEfs5TJZ6Nk&feature=emb_title

- <https://www.youtube.com/watch?v=sgJCs2B12YE>
- Text SHARE to 741741 for free, 24/7 support from the Crisis Text Line.
- AA meetings online
 - <https://highwatchrecovery.org/aa-online/>
- <https://www.scientificamerican.com/article/how-to-prevent-loneliness-in-a-time-of-social-distancing/>

Utilities:

Wireless/Internet Providers/Services and Information (visit websites for full details)

Cricket Wireless: Reconnection fees waived. To qualify, call 1-800-CRICKET.

Comcast Xfinity: Will not disconnect/add late fees for customers who contact company and explain their situation. Customers will have unlimited data for 60 days. Xfinity Wi-Fi hotspots free for anyone.

Comcast Internet Essentials: Comcast is increasing access to and speed of its “Internet Essentials” low-income Internet service. Eligible applicants can receive two free months’ service (\$9.95/month). You can apply if:

You are eligible for public assistance programs (e.g., Medicaid, SNAP, SSI, etc.)

Live in a city or town served by Comcast

Haven’t subscribed to Comcast Internet within the last 90 days

Have no outstanding debt to Comcast less than one year old.

For more information, call 1-885-8-INTERNET (1-855-846-8376) or apply online at www.InternetEssentials.com

AT&T: won’t terminate service/charge late fees for wireless, home phone or broadband residential or small business customers for next 60 days. Public Wi-Fi hotspots open to any American. Consumer home internet wireline customers will receive unlimited internet data. Qualified “limited income households” will be able to pay \$10/month for internet access.

Verizon Wireless: will waive late fees for residential and small business customers affected by COVID-19.

T-Mobile: Customers can set up a payment arrangement online. Customers will receive unlimited cellphone data for the next 60 days, except for roaming.

Sprint: For next 60 days, waiving late fees; not stopping service for those unable to pay bills.

Public Utilities (visit websites for full details)

United Illuminating: Implementing plans to maintain safe, reliable service.

Digital tools:

- (1) Download mobile app at App Store and Google Play to view/pay bill and view outage info;
- (2) self-service: 800.722.5584, 24/7 to pay bill, check account balance, etc.;
- (3) Use website to pay bill, view outage info, start new service, enroll in eBill, etc.;
- (4) if concerned about paying bill, call 800.722.5584 M-F, 7am-7pm.

Southern CT Gas Company: Implementing plans to maintain safe, reliable service.

Digital tools:

- (1) Download mobile app at App Store and Google Play to view and pay your bill.
- (2) Self-service: call 800.659.8299, 24/7 to pay bill, check account balance, etc.;
- (3) Use website to pay bill, start new service, enroll in eBill, etc.
- (4) If concerned about paying bill, call 800.659.8299 M-F, 8am- to 6:30pm.

Eversource: Suspending disconnections for nonpayment; assisting with financial programs e.g., payment plan). Customers can download mobile app to check account, pay bill, etc. Customer service: -800-286-2000.

Note: Be aware of possible “scams” related to current health crisis. Beware of calls threatening to disconnect utility service, demanding payment via unusual means, requesting personal information, etc. Visit www.eversource.com for guidance and questions.

FOR CHILDREN

Free access to math, science, english, arts & music

<https://www.brainpop.com/>

Free abc mouse (school code needed)

<https://www.abcmouse.com/Redeem>

Resources for reading

<https://www.startwithabook.org/great-kids-books>

Mindfulness yoga for children

<https://www.youtube.com/user/CosmicKidsYoga>

Free children audio books

<https://www.wsbtv.com/news/trending/audible-offering-free-audiobooks-kids-during-coronavirus-crisis/XX6LXBD7SNDR3IH4GEG3YBJHL4/>

CT special education resources

<https://portal.ct.gov/SDE/Special-Education/Bureau-of-Special-Education/Coronavirus>

free teaching resources

<https://districtadministration.com/coronavirus-free-teaching-resources-free-education-services-covid-19/>

Free education reading resources/games by grades

<https://www.education.com/games/kindergarten/ela/reading/>

Scholastic at Home

<https://classroommagazines.scholastic.com/support/learnathome.html>